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Karate applications Okinawa Shorin  
Ryu Shubukan - 9 Dan Uema Yasuhiro  
Sensei Katas Matsubayashi Shorin~~

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~~Ryu Karate Volume 1 of 3 A day of  
Shorin-ryu master | English Sub |  
Seibukan | Shimabukuro | Okinawa  
Traditional Karate Matsubayashi  
Shorin Ryu Karate vol 2 Matsubayashi  
Shorin Ryu Karate Volume 3 of 3  
WHAT I'VE LEARNED FROM SEIYO  
SHORIN-RYU - kenfuTV Episode 053~~

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52 Masters Kobayashi Shorin Ryu  
Karate w/ Marques McCammon  
Shorin-Ryu Kyudokan- Kihon,Katas  
training

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OKINAWA KARATE : SHORIN RYU -  
Shidokan - MDV CommunicationThe  
most dangerous punch | Okinawa  
Karate | Masaaki Ikemiyagi |

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*最も危険な突き | 池宮城政明先生 |  
沖縄空手*

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Final Female Kata. Rika Usami of  
Japan. 宇佐美 里香。空手

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~~Okinawan Karate documentary~~  
~~7-Year Old Girl Karate Master | Incredible~~  
~~Kankudai Demo | Poke My Heart~~  
shorin-ryu vs. shotokan Karate

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Female Team Kata Bronze Medal -  
Serbia vs Italy - WKF World  
Championships Belgrade 2010 (1/2)  
~~Sensei: Masters of Okinawan Karate  
#3 Koichi Nakasone - 沖繩空手 Zenpo  
Shimabukuro. Shorin-ryu karate  
Naihanchi Shodan Shorin-Ryu Karate~~

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Learn Shorin-ryu in 12min. | Minoru



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Higa's practice #3 | 比嘉稔先生 | 小林  
流究道館 | 初心者向け沖縄伝統空手

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SHORIN RYU SHUBUKAN Introduction

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75-year-old Kenyu Chinen 9th dan  
Shorin-ryu Karate - Yomitan Dojo,  
Okinawa training Ryukyu Shorin Ryu  
Karate Do \_ Kata ~~PINAN YODAN~~  
~~OKINAWA SHIDOKAN~~ shorin-ryu

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BUNKAI of Shorin-ryu SEIBUKAN |  
Learn what KATA means | The 1st  
Karate day | 少林流聖武館 分解 |  
~~PINAN SHODAN OKINAWA~~  
~~SHIDOKAN shorin-ryu Shobayashi~~  
~~Shorin-Ryu karate kata Bassai dai~~  
(Shito ryu /u0026 Shotokan Version)  
Shorin Ryu

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Shorin-ryu (少林流) is one of the major modern Okinawan martial arts and is one of the oldest styles of karate. It was named by Choshin Chibana in 1933, but the system itself is much older.

Shorin-ryu - Wikipedia

*Page 11/38*

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Shorin-ryu karate is one of the major branches of karate. It was born out of the fighting forms, techniques, and traditions practiced in the Shuri and Tomari villages of Okinawa. It is a blending of both Chinese and native fighting methods that includes simple strikes, vital target/pressure

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point attacks, and stand-up  
grappling.

Shorin Ryu (Shuri Te) - Okinawan  
Karate

Welcome to the official website of the  
World Matsubayashi-Ryu (Shorin-Ryu)  
Karate-Do Association (TM). The art of

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Matsubayashi-Ryu was founded in 1947 by O ' Sensei Shoshin Nagamine. The WMKA was established by him to preserve and perpetuate the art. It has branches throughout the world.

World Matsubayashi-Ryu (Shorin-Ryu)

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Karate-Do Association

Shorin-Ryu USA 109 East 50th St. New  
York, NY 10022. Getting started.

Membership. Class schedule. Join  
now! COVID-19 NEWS. Chances are  
you're interested in karate for many  
reasons - physical fitness, self-  
improvement, self-defense, or as a

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way to unwind after work. Choosing a karate school (dojo) is a very important step.

Ueshiro Midtown Karate - Shorin-Ryu Karate School ...

There are 18 traditional non-weapon katas in Shorin-Ryu Karate. In



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addition, this Karate style uses weapon katas (i.e. Bo staff katas). If you are looking for the katas of other Karate styles (i.e. Shotokan or Wado-Ryu), visit the main [Katas & Forms](#) section.

List of Shorin-Ryu Karate Katas with

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## Videos & Instructions

Shorin-Ryu karate applications using direct force from the hip, lats, quads muscle, allowing compression of the body to easily execute punches or palm strikes.

Shorin Ryu Karate applications -

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YouTube

Shorin-ryu is one of the oldest systems taught in Okinawa and has a very fine and impressive lineage.

Most martial arts including Tae Kwon Do & Shotokan are based on it. Sensei Robert Rowley has been a martial artist for over 35 years and is the

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owner and primary instructor of the New York Shorinkan Karate school. The school is located just 60 ...

Medord New York Shorin-ryu  
Shorinkan - Virginia Shorin-ryu ...  
Professional instruction in the  
traditional martial arts of Okinawa.;

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Programs include Shorin-ryu karate, Toei-ryu Jujutsu and Okinawan Kobujutsu (weaponry).; Serious but non-competitive environment.

Classes available for youths (ages 6 through 12) and adults (ages 13 and over).; New York Rendokan Dojo offers Grandmaster Shimabukuro's

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Book, "Grandmaster Stories," plus  
Shorin-ryu Patches, Art ...

The New York Rendokan - Traditional  
Shorin-Ryu Karate

Shorin Ryu Karate Do New Zealand is  
headed by Sensei James Johnston,  
3rd Dan, Okinawan trained and

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certified. Shorin Ryu Karatedo International (SRKDI), based in New York USA, is headed by Jerry Figgiani Sensei 8th dan. Being a member of SRKDI has been immensely beneficial as Jerry Sensei has a wealth of knowledge and has provided great support ...

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Shorin Ryu Karate Do New Zealand New York Karate Dojo is a family oriented martial arts school that helps children and adults become the best version of themselves. We offer classes for all ages starting at 4 years old.



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New York Karate Dojo | Medford  
Martial Arts & Fitness

COMPLETE SHORIN RYU KATA. Each is then demonstrated at regular training speed to get a sense of the flow and rhythm. The following kata are demonstrated on this video Pasia

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Sho - Pasai Dai. Wansu - Ananku -  
Seisan.

Matsumura Shorin Ryu Karate  
Complete Kata Reference DVD | eBay  
UESHIRO SHORIN-RYU KARATE USA  
Ueshiro Shorin Ryu Karate USA  
Dojos/Schools/Clubs located in the

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United States Ueshiro Midtown  
Karate (Hombu) Dojo (Est. 1977)

Ueshiro Shorin-ryu Karate USA |  
DOJOS in the USA

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and operated by Dr. Michael Cox who  
is solely responsible for the contents

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herein. The mission and function of this web site is to inform the public about the art of Shorin-Ryu, Matsubayashi-Ryu Karate.

Okinawan Shorin-Ryu Karate-Do  
Shorin-ryu Shorinkan (小林流小林館,  
Sh rin-ry Sh rinkan) is a branch of

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the Kobayashi Shorin-ryu style of Okinawan Karate, developed by Shogor Nakazato, Hanshi 10th Dan. Nakazato was a student of Choshin Chibana.

Shorin-ryu Shorinkan - Wikipedia  
I started training JKA Karate under

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Sensei Karl von der Marwitz back in 1996, my Matric year. At the end of 1996, I stopped karate due to travels and studying but always felt like I wanted to get back into it.

Blog - Shorin-Ryu Karate South Africa  
Shorin-Ryu's most advanced kata,

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Kusanku, was said by Master Nagamine to take at least ten years to master. At three years a piece and 10 for Kusanku it would take a dedicated student 61 years to "perfect" all eighteen kata! Katas are never changed. There are also unlimited bunkai (fighting) applications to each

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individual kata.

Shorin-Ryu Matsubayashi-Ryu Katas  
Shorin Ryu is one of the world's major Karate styles. Created and developed by Okinawan masters, this style mixes the traditions and experiences of the ancient art with a modern approach



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to self-defense. In this work, Master Ota shows key traditional kata and bunker.

Shorin-ryu Karate | Okinawa Shorin-  
Ryu Karate | United States

Shorin-ryu Tamilnadu SH RIN-  
RY KARATE & KOBUD ASSOCIATION

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Contact Shihan G.Senthil 4th Dan  
Black Belt Shihan G.Senthil 4th Dan  
Black Belt heading for Tamilnadu  
provision, who is reporting to Renshi  
M.Ravi 7th Dan Black Belt – Chief of  
India. On 26th March 1978 I was born  
in Papparapatty village, Dharmapuri  
District, of My Father P.Govindasamy,

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and Mother G.Venkatammal.

Tamilnadu - Shorin-ryu

UESHIRO SHORIN-RYU KARATE USA A  
SHORT HISTORY OF OKINAWAN  
KARATE-DO Karate, for centuries was  
originally practiced in secret, cloaked  
in classical Okinawan dance. The

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fighting art was closely guarded by family members, teachers and practitioners.

Shorin Ryu Karate Training Manual  
Shorin Ryu Karate Reference Manual

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My Life in the Art of Shorin Ryu  
Matsubayashi Ryu Karate Essence of  
Okinawan Karate-Do Shorin-ryu  
matsumura seito karate-do Shorin  
Ryu Seibukan Shorin-Ryu Karate: Kata  
Black Belt Black Belt Black Belt Shorin-  
Ryu Karate (Economic Edition)  
Okinawan Karate Black Belt Karate-do

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Black Belt Shorin-Ryu Training Journal  
Black Belt Okinawa Karate-Do Black  
Belt Shorin Ryu Seibukan  
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